



# BALCARY HOUSE HOTEL

## BREAKFAST MENU

Mon – Fri: 7.30 to 9.30  
Sat & Sun: 8.00 to 10.00

### FRUIT JUICE

Orange or Apple

### CEREAL

Selection (Including fruit)  
Porridge available on request

### TOAST

White, Brown, Multigrain, Free From

### COOKED

Free Range Eggs  
(Fried, Poached, Scrambled or Boiled)

Bacon Unsmoked, Pork Sausage

Linda McCartney Sausages (20 mins to cook)

Black Pudding, Tomato, Baked Beans

Potato Scone, Mushrooms

### HOT DRINKS

Tea, Coffee, Decaf

Leaf Teas

Fruit

Almond & Coconut Milk

All our ingredients are locally sourced